

# How to Rebuild a Meadow



***Once upon a time  
there was a flower that had forgotten  
how to bloom.***

***This is a story about a flower  
And a boy  
And resilience, resistance, hope,  
and loss***

In the summer of 2023, Hanna was rarely seen without a camera. She used it to document her travels in Eritrea, the country her parents had fled from due to a war that lasted three decades. This story is based on pictures Hanna took during that summer and is shared in honour of all the people who continue to coexist with, and take care of the soil.

*“Hanna’s story was incredibly beautiful - both the imagery she painted and the symbolism in the narrative are things I still reflect on at times.”*

*(Audience Feedback)*

*“The metaphorical power of her piece - moving from microscopic detail to macro political commentary, her talent and presence - demonstrates her sophisticated artistic approach, one that I would love to see on more international stages.”*

*(Audience Feedback)*

# Technical Specifications

Hanna's performance is highly adaptable and can be tailored to suit your event. To ensure a seamless experience, we kindly ask that you provide details about your venue's technical setup and spatial layout in advance.

Performance Duration: 20 minutes

## Stage Requirements:

- Minimum stage size: 4m (width) x 3m (depth)
- Clean, flat, and safe performing area
- Projector and screen
- Indoor venue or outdoor venue after nightfall

## Audience Setup:

- End-on or thrust

## Lighting (if possible)

- Full stage wash with warm lighting
- Soft edged, cold spot downstage right
- Access to house lights for audience interaction

## Sound

- No microphone is required for most venues
- For larger spaces: 1 headset microphone (preferred for mobility) and PA system suitable for the performance space

## Access Requirements

- 1 hour for setup and any necessary checks before the performance
- Access to dressing room or private space for preparation



## Contact and Socials



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## Storyteller: Hanna Asefaw

**Hanna Asefaw** (NO/ER) is a human geographer, writer, and performing artist based in Oslo.

Through play, research and investigation of themes related to identity, liberation, and the memories that are stuck in our bodies, Hanna's work seeks to unravel, understand, and reconstruct - to convey the relationship between the personal and political, as well as the individual and structural dimensions of experience.



Her artistic practice is influenced by interdisciplinary exploration and experimentation, drawing on diverse traditions of poetry, movement, and music. Hanna's performances and writings often blend these elements in an attempt to create a language and dialogue that reflect the intricate connections between the inner and outer worlds. Her work invites audiences to engage with and reflect on the complex narratives that shape our lives, searching and fostering a deeper understanding of both personal and collective stories.

*Hanna's performance, **How To Rebuild a Meadow**, is available for booking. It was created as part of European storytelling development program, The Cassandra Project. She was supported by The Federation For European Storytelling, mentor Lina Tier and championed by storytelling organisation Fortellersentrum.*



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