

CASSANDRA MASTERCLASS PLANNING TEMPLATE

SESSION TITLE: Multilingual Storytelling for an international audience,

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SESSION OVERVIEW: During this workshop, we experience the connection between storyteller-story-audience. We make connections to the emotions in the story and we find out how they come out through our different languages: words, sounds and body language.

SESSION AIMS: to discover that the way we tell the story is at least as important as the words in a certain language. To discover that the real expression of emotions is our common language.

REQUIRED MATERIALS: a chair for everyone



EXERCISE	DESCRIPTION (Step by Step)	PURPOSE/DESIRED OUTCOME	TIME (90 mins total)
Different greetings	<ul style="list-style-type: none"> - <i>Walk through the space, when you meet someone, greet him/her in your own language.</i> - <i>Same with a non existing word</i> - <i>In different emotions</i> 	To feel on the ease, using non existing words, in connection to an emotion	5
(Lead in/ introductory Exercises)	<ul style="list-style-type: none"> - Think of something you have experienced In your own life, the last week/weeks/ month .. something with a sequence of at least 3 emotions (can be big but also small) only condition is that you don't mind to share this, later in the exercise - Walk again criss cross the space and tell this little story out loud for your self...In gabbertalk As if you are alone in the space. No one is there to see you, no one can hear you. - Important is to say not to play theatre, just tell. If your body goes with you in the story (arms, legs, belly, voice, ..), don't try to stop that. Just let it go, let the story lead you. But don't try to do this consciously. 	<p>Make connection to the story and the emotions,</p> <p>Walking across can help to be in the emotion, not in the head.</p> <p>Also the use of gabbertalk helps not to make logic sequences of words</p>	10

<p>(Main Exercises)</p>	<ul style="list-style-type: none"> - Reflection: on a scale 0-10: for your self: how much was the connection to the sequence of emotions present in the way you were telling the story? - Same exercise: the story, criss cross the space, gabbertalk. We will upscale, depending on the ratings, we go a level higher - In about 3 times, all participants try to reach 10. - We go higher then 10 we exaggerate and go way beyond, we go till 25 on a scale of 10 - We do the exercise again lowering to 8, but feeling what you fell when you were telling on 25, keeping the essence in your way of telling - We go lower to 2 on a scale of 10 - If we have the time, we try 0 and see what happens - Reflection: telling stories 'big' or 'small'. Good to discover which kind of storyteller you are, what is your main way of telling. Good to know that the other way of telling exists. If you tell 'big' in general and at a certain moment you do something small. It becomes very important in the story - In pairs: we tell the story to an audience of 1 person, in gabbertalk, the way (scale) we feel comfortable - Some tell their story to the whole audience (different scales, directed by me) in gabbertalk. Audience tries to translate 	<p>To be able to tell the story in a way beyond the limits of 'words-language'</p> <p>Finding a way to share the connection, emotions of the story with the audience, no matter if you speak the same language.</p> <p>Getting to know ourselves as a storyteller: who am I, how do I usually tell my story and to realize which other possibilities there are to use?</p>	<p>30</p> <p>5</p> <p>10</p> <p>20</p>
<p>(Reflection/closing)</p>	<ul style="list-style-type: none"> - Reflection question: write on a paper: the average percentage of how much of the 'essence' of the stories did we understand only by telling in jabbertalk? No discussion about the term 'essence': everyone decides for their self what the essence is. 	<p>Realizing the importance of the nonverbal aspect of storytelling especially in an international context.</p>	<p>10</p>

	<ul style="list-style-type: none">- For the persons who told their story: how much of the essence of my story was understood.- Discussion about the outcome; usually we come to the conclusion that at least half of the essence of the story is understood, without using a word. We make conclusions for international, but also non-international storytelling: why worrying about the words, when more than half of our story can be understood without using one word. Realizing the importance of the nonverbal aspect of storytelling especially in an international context.		
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